



Family Faith Formation

FAQ Sheet

What if the parent doesn't know the Faith well, or know how to teach?

A Family of Faith is completely turn-key for you, the parents. The easy-to-understand content and step-by-step instructions for each activity will assist you in gaining knowledge of the Faith and confidence as you teach it. Various tools are also available to help you turn potentially problematic situations into successes, such as what to do when a child asks a question you do not know.

Is there a lot of work involved for families?

How much time will this program take? No. There are two lessons to teach each month, along with a variety of family and child activities. Each lesson should take no more than 30-45 minutes to complete, and requires minimal preparation on your part.

For what age children has this program been developed?

Because this program focuses on teaching the faith to parents and helping you make it an organic part of family life, it is perfect for children of all ages. For example, a monthly feature called "Your Catholic Home" gives specific advice for ways to make the Faith a regular part of each day. The Children's Activity Books are recommended for children in grades K-8, and features engaging activities at various grade levels. You can skip the activities you believe are too elementary or too advanced for your child.

Does my child have to be a strong reader?

No. Although readings and written activities are offered, the Children's Activity Book and Parent Guide offer a wide variety of activities using numerous strategies to impart and assess knowledge that do not rely on reading or writing.

How many meetings are required per month?

Parents are required to attend the monthly 90-minute Parent Meeting. In this meeting, the team leaders offer tips and tools to implement lessons, answer questions and host a discussion on that month's subject matter to help you deepen your knowledge of the Faith. Entire families attend the 90-minute community meeting each month, which is meant to help ensure accountability and build community through games and other family activities.

How will I know my children are learning?

You will undoubtedly see your children learn as they memorize Scripture verses and are able to define key words of our Catholic Faith. Children will demonstrate in conversations their understanding of concepts of the Faith, and you'll see them begin to live their Faith through service projects, an enriched prayer life, and a deepening relationship with Jesus Christ. The child's desire to know, love, and serve Jesus is proof that they are learning and becoming a disciple of Christ.

How does the program handle sacramental preparation?

We work closely with the Religious Education Ministry to ensure each child is prepared to receive First Communion and Confirmation in his/her appropriate grade. While we supplement the curriculum with specific lessons on these sacraments, A Family of Faith does not treat the Sacraments as isolated events. Students grow in their spiritual journey through regular activities with their parents, prayer, Mass attendance, and participation in parish life. Because this program moves away from grade-based cohorts and focuses on transmitting the faith as a whole, preparation to receive the Sacraments occurs as the child naturally matures and shows evidence of understanding.

There's Another Religious Education Option at Holy Trinity!



Family Faith Formation

**Because Faith Should Be Part of
the Fabric of Family Life!**

DID YOU KNOW...

YOU, the parents, are given the graces to be the first and foremost teachers of your children, especially in teaching them the Faith?

Family Faith Formation is designed to help you respond to the Church's call to be "the first and foremost educators of your children" and to help your family grow in the transforming love of God by understanding and living the Catholic Faith. Your children won't simply learn the Faith, they'll live it in the home as we assist you in building your Domestic Church!

- Completely turn-key for parents, with easy-to-understand content and step-by-step instructions for each activity, helping you to gain knowledge of the Faith and confidence as you teach it.
- Monthly parents-only meeting to help you build your lesson plans, answer questions, and provide fellowship.
- Offers the gift of community, showing our children that we are connected to a larger community of Catholic Christians.
- Parents learn along with the children. We walk with you every step of the way – you are not alone!



What Parents Are Saying....

"The lessons are wonderfully planned and the activities are concrete ways for the kids to internalize what they have learned. The activities are diverse so there is something for all kinds of learning styles. Although I was intimidated at first, once I got into it, I realized that the curriculum is very easy to follow."

"It's nice being able to be around other families with similar-aged children, to share conversations with and really engage with them about the faith. We get a lot out of the family activities, the parents' guide, and the kids love the children's activities."

"I have been astounded by how little I really knew and how many misconceptions I harbored. This has helped me to repeatedly fall in love with my faith and has strengthened my resolve to live that faith out and pass it on to my children."

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